



Syeda Mahrukh Waqar

Clinical Psychologist

CONTACT ME

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📍 Bahria Town, Rawalpindi

DIPLOMA & CERTIFICATES

Higher Education Teaching Certificate
Level -1 | National University Of Modern
Languages, Islamabad

EXPERTISE

- SPSS
- AMOS
- Diagnosis of Psychological Disorders
- Proposing Management Plan for Child and Adult
- Research Skills

WORK EXPERIENCE

Visiting Lecturer NUML Islamabad Feb 2022 -Feb 2023
Contractual Lecturer NUML Islamabad Feb 2023 -Present

Courses Taught to BS and ADCP

Introduction to Psychology, Introduction to Anthropology, Applied Areas of Psychology, Developmental Psychology, Health Psychology, Psychological Assessment, Adult Psychopathology and Developmental Psychopathology

Roles and Responsibilities

- LMS Coordinator
- Member Psychology Club/ Event Management

Punjab Institute of Mental Health, Lahore Aug 2019 - Dec 2020

Rising Sun Institute for Special Children,DHA, Lahore Jan 2019 - Apr 2019

Army Special Education Academy, Fort Road Rawalpindi Apr 2017 - May 2017

Department of Psychiatry, CMH Lahore Jul 2016 - Aug 2016

EDUCATION

MS Clinical Psychology 2018 - 2020

Kinnaird College for Women University

Thesis Title; Perceived Stress, Academic Achievement, Resilience & Psychological Adjustment among young adults having a parent with a chronic illness.

Bachelors in Behavioral Sciences 2013 - 2017

Fatima Jinnah Women University

ACHIEVEMENTS

- Participated in Student's Conference on Alzheimer's disease at Rawalpindi Medical College
- Participated in One Day Training Workshop on "How to be a safe Mental Health Professional"
- Attended and Completed a Workshop on Statistical Analysis for Social Science Using SPSS
- Participated in World Mental Health day at Punjab Institute of Mental Health, Lahore
- Participated in One Day Training Workshop and Interactive Session on "Mindfulness"
- Participated in One Day Training Workshop on "Behavior Therapy for Psychosis"
- Participated in One Day workshop on Stress Management

